

## About Our Counselor

In February of 2006, Maria Boyle started a divorce support group that met at Saints Peter and Paul Greek Orthodox Church in Glenview, Illinois as a response to the legal, emotional and parenting obstacles she had fought and learned to overcome through her own divorce.

A seasoned professional in counseling, educated at Northwestern University, Maria has over 25 years of college and high school counseling experience. In addition, she spent ten years counseling students from divorce homes along with their families. Maria felt that it was important to offer a divorce support group for those of the Orthodox faith. Thus, Divorce Rebuilders was born.

Since its inception, Divorce Rebuilders has provided a safe, educational, and Orthodox based support group for many Orthodox and non-Orthodox alike. Maria firmly believes that no Orthodox Christian should walk through the experience of separation and divorce alone.

Divorce rebuilders offers a safe place for Christians to meet and rebuild.



*"No Christian should walk through the experience of separation and divorce alone."*

## Saints Peter and Paul's Divorce Rebuilders

*Support, guidance and hope to those who are separated and divorced*



 SAINTS  
PETER  
& PAUL  
GREEK ORTHODOX CHURCH

## Saints Peter and Paul's Divorce Rebuilders

Saints Peter and Paul's Divorce Rebuilders Group is an Orthodox ministry that offers support and guidance to those who are separated and divorced. For the last ten years, Divorce Rebuilders has addressed the contemporary needs of Orthodox Christians by offering them a place to process the many aspects of the divorce experience through instruction, guidance and support.

The Saints Peter and Paul's Divorce Rebuilders Group is based on evidence-based counseling practices that equip participants with understandings, skills and tools to help them rebuild from divorce. New insights and perspectives help you create new understandings towards developing new personal, relational and spiritual goals in your life.

Group session activities are grounded in psychoeducational and Christian based principles and references. One group session is led by the parish priest. An important program component is opportunities to socialize with other group participants.

Examples of topics covered in the series are as follows:

- Components of the divorce experience
- The grieving process and one's journey toward recovery
- Gaining clarity of one's experiences
- Identifying work to be done towards personal growth
- Necessary endings and new beginnings; becoming anew
- Combatting loneliness and negative self-talk
- Steps and strategies for rebuilding and personal growth
- The role spiritual growth plays in healing, hope, personal growth and rebuilding

**For more information and to enroll  
in this program, please email:**

[sspp.divorcerebuilders@gmail.com](mailto:sspp.divorcerebuilders@gmail.com)

**and please notate as the subject:**

**Divorce Rebuilders**



The Divorce Rebuilders program has achieved a 100% success rate as evaluated by over 100 participants since its inception. Participants have indicated a closer connection to their Orthodox faith and church along with new goals, self-awareness and spiritual and personal growth. Participants may repeat this program as many times as desired.

Divorce Rebuilders sessions are held twice a year starting in the Fall and Spring in designated Greek Orthodox Church locations in the Chicago area. There is no cost for these sessions. This program is open to Orthodox and non-Orthodox.